



The Communicator

of the [Unitarian Universalist Congregation, Lake County](http://www.uuclakeco.org)

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April Programs

Discussion Group at 9:30 am

April 21 – UU 6th Principle “The goal of world community with peace, liberty, and justice for all”. Led by Chris Cleveland.

Woerscippen at 11:00 am

April 21: Flower Communion: Bring a flower from your garden, the store, wherever, and join us for this Unitarian Universalist tradition of Flower Communion. We will have extra flowers on hand if you are unable to bring one.

April 28: Rev. Tracie - TBA

April Birthdays

- Frank Bishop April 2
- Carl Hommel April 7
- Egor Emery April 10
- Christie Cleveland April 13
- Marge Hommel April 13
- Wayne Linfield April 13
- Marvin Jacobson April 14
- Debbie Miller April 19
- Pat Linfiels April 25
- Bernie Greenberg April 25
- Gina Rossi April 26
- Elisebeth Emery April 27

UUCLC Information & Contacts

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Officers

Betty Emery, President
Suzie Lockwood, Vice Pres.
Stu Anderson, Treasurer

Trustees

Pete Conde
Lois Sanford
Julie Champion

Rev. Tracie Barrett Phone: (863) 206-9086
To schedule an appointment with Rev. Tracie, please use <https://calendly.com/tbarrettwelser>

The Communicator is published monthly.
Editor: Christy Millat Phone: 248-921-0541
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Submit articles for the May Communicator by Wednesday, May 1.

Rev. Elaine Silver performed at UUCLC on Sunday, March 31.





Minister’s Message...

Spring is now officially here, and growth is everywhere. Even the dreaded oak pollen coating everything is a sign of new growth. It’s a mixed bag, isn’t it? Many of us, myself included, are allergic to the yellow dusting we’re getting. And yet, it’s necessary for the growth of the oak trees.

Growth can be itchy and uncomfortable. It asks us to try new things, to sit in potential discomfort, and watch as things around us change. Growth is also beautiful. We stretch and move into new ways of being that open us up to even more new things.

Here at UUCLC we are on the cusp of a major change. According to various resources from both the UUA and other denominations, we are hovering on the line between a Family Size congregation and a Pastoral Size congregation. What does that mean? It means growth and change. It means that we are beginning to shift from where everyone knows everyone, to where there are new people and it will be a struggle to get to know everyone. That’s scary. That doesn’t sound fun. But there are ways we can and are mitigating that: circle dinners, covenant circles, events and fellowship. All these ways help us connect with new people and integrate them into our community.

Years ago, you had a vision for UUCLC. A vision that involved us moving into our own building in a place where we are visible to the community. You’ve accomplished this. The next stages are part of that. Times where we grow and deepen our relationships with one another. I’m with you through this. We will be okay. Breathe and lean into the growth. I am certain it will be beautiful.

- Rev. Tracie

MEET THE NEW OFFICE ADMINISTRATOR, JOHANNA GONZALEZ



Johanna recently moved to Mount Dora from Miami. She and her husband, Frank, have two sons and a 5-year-old granddaughter. She has 30 years of secretarial experience and is excited to meet you all at the luncheon after the annual meeting.



Enjoy some fellowship and get better acquainted with fellow church members by attending a Circle Dinner. Orange sign-up sheets are on a table in the narthex. Your host will call you about details. Questions: Julie Champion (407) 929-9796.

President's Message...

For April 2019 Newsletter

Greetings to all UUCLC members and friends. I bring exciting news! We have just hired a part-time administrator to help us with managing the day to day operations of the congregation. Our new administrator is Johanna Gonzalez. She is from South Florida and has recently moved to the area. She brings to us many years of office experience. Please welcome her and take the time to say hello. There will be an opportunity to meet Johanna during the luncheon after the Annual Meeting on April 14th. Make sure you stay for the luncheon and get to know Johanna. Now that we have hired her, we will be transitioning some of the duties that have been the responsibility of some of our volunteers. Please bear with us as we go through this process. This is all part of being involved with a growing congregation and thanks to all, we are certainly growing!



Please plan to attend the Annual meeting. This is an important meeting and we hope you will join us. We will be presenting the proposed annual budget for 2019-2020 which begins with the next fiscal year on July 1, 2019. This will also kick off the annual pledge drive for UUCLC. We need to know we can count on the funds needed to support our budget. Everyone's help is needed to make our dreams for a growing congregation possible. Please do your part to fulfill your duties of membership and give what you can. Your contribution will truly make a difference! We will also be holding an election for new officers for the UUCLC Board of Trustees. Only Voting Members of the congregation will be asked to participate in the election of Board of Trustee officers. All congregation members and friends are welcome and are encouraged to stay for the catered luncheon afterwards

Part of being a growing congregation is trying out new ways to make our worship service more welcoming to visitors and new members. We have embarked on a trial period with changes to how we handle announcements on Sunday mornings. I hope to clear up some confusion regarding the announcements during Sunday worship service: We are not stopping announcements. We are just changing the way announcements are conveyed. The service leader will be reading announcements from the pulpit instead of individuals lining up to speak. If you have an announcement you wish to have read, have the announcement written out and give it to the service leader prior to the worship service. Please give the announcement as early as possible to the service leader but no later than by 10:45 am on the day of the service. Please try to limit these announcements to church events only.

We are also encouraging people to submit announcements to be printed in the insert for the Sunday order of service. Announcements for the upcoming insert may be submitted up until 12 noon on Fridays to Ted Fessler at tedandleanor@gmail.com. We have bulletin boards in the social hall which are available to post announcements as well. Please be sure to take down your posting after the event has taken place. Remember, any posting that endorses a political candidate is not allowed. Please make use of these opportunities to share your important messages with the congregation.

We have also made some changes to how we acknowledge joys and concerns. Again, this is just for a trial period. After the trial period, the WRaP committee will be asking for an evaluation from the congregation for input. The evaluation process has not yet been determined, so stay tuned for more info.

I am excited about the great things happening at UUCLC and I look forward to seeing you at the Annual Meeting.

Betty Emery

ANNUAL MEETING SUNDAY, APRIL 14

The Board of Trustees voted to move the date of our Annual Meeting to April 14th. The meeting will take place immediately after our worship service. All congregation members and friends may attend but only members may vote. A catered lunch will be served after the meeting.

The Nominating Committee is announcing the following slate to fill upcoming Board of Trustee vacancies:

Vice President: Pete Conde
Trustee: Suzie Lockwood
Second Trustee: Janeane Reagan
Treasurer: currently no nominee
Secretary: currently no nominee

If you are interested in submitting your name for Treasurer or Secretary, please contact the Nominating Committee (Chris Higgins, Phyllis Gillette, or Russ Littlefield). If you plan on nominating someone from the floor at the Annual Meeting for any open Board position, that person must be notified beforehand and agree to the nomination.

Absentee and proxy voting absentee ballots will be accepted per the UUCLC By-laws. There are two ways you may receive an absentee ballot:

1. You may pick up a paper ballot during Sunday worship service on any Sunday prior to the annual meeting. Please be sure to have your completed ballot turned in prior to start of the Annual meeting (before 12 noon on April 14th).
2. You may request an electronic ballot which will be sent as an attachment to email. The completed ballot may then be returned via email but must be received no later than 9pm on April 13th. Requests for an electronic ballot need to be sent to: President@lakecountyuu.net

IMPORTANT: YOU MUST BE A VOTING MEMBER TO BE QUALIFIED TO VOTE. A VOTING MEMBER IS "any MEMBER who has attained the age of eighteen (18) and has been a Member of the Congregation for at least ninety (90) days. Only Voting Members may vote at congregational meetings."

To be a Member a qualified person must be, "... 18 years or older; by Demonstrating sympathy with its purposes and program; Supporting it through financial and/or personal participation; Signing the membership book."

Anyone who has become an official UUCLC Member by January 13th, 2019 will be eligible to vote. Members who joined January 14th, 2019 or later will not be eligible to vote at this annual meeting per the by-laws. If you are unsure of your Membership status and/or your Voting Member status, please send an email with your inquiry to: President@lakecountyuu.net

Agenda for the Annual Meeting:

1. Call to Order (no later than 12:15pm)
2. Chalice lighting
3. Centering/Gathering words
4. Welcoming the Congregation
5. Recognition of Volunteers
6. Proposed 2019-2020 Budget and Pledge Drive Kick-Off
7. Election of new members to the Board of Trustees- VOTING MEMBERS ONLY MAY VOTE
8. Adjourn

Lunch to follow. Please stay for lunch and to meet our new UUCLC administrator, Johanna Gonzalez. She will be joining us for the Annual Meeting luncheon and looks forward to meeting everyone.

Take some “Me Time” with Tai Chi

The UUCLC Tai Chi class will be hosting a **World Tai Chi & Qigong Day** event at UUCLC on **April 27th at 9 am until about 11 am**, which is open to the public. It's a good opportunity to sample and learn about Tai Chi. T-shirts for the event are available by ordering from Christie Cleveland for \$22. Similar events will be going on in hundreds of cities in over 80 nations on the same day. The primary mission of this event is personal and global health & healing. Tai Chi has been shown to improve blood sugar and pressure, reduce arthritis pain, improve focus and memory and aid in better health in many ways. More than 20% of the world's population practices Tai Chi! Purposes of this event are to educate the world about the profound health and healing benefits of Tai Chi & Qigong for individuals, communities and nations. It promotes joining people together, for the purpose of health and healing, and provides a peaceful example to the world.

Check it out at www.worldtaichiday.org

UUCLC also offers **Tai Chi classes (for members only) on Tuesday mornings; Experienced class at 9-9:45 am** and **Beginners class at 9:45-10:30 am**. Contact Christie Cleveland chrisccleveland1951@gmail.com for more information.

Unlike traditional exercise, Tai Chi energizes you, rather than tiring you out. We hope that you will pamper yourself by trying Tai Chi, either by taking a class and/or coming to the April 27th **World Tai Chi & Qigong Day** event.

World Tai Chi Day April 27th

Join our UUCLC Tai Chi class at **Wooton Park on S. Ruby St. in Tavares** for our local event, which is one of hundreds of Tai Chi & Qigong Day events happening in over 70 nations throughout the world. Beginners and those with experience are welcome to come and experience this ancient Chinese slow-motion martial art with us. Tai Chi is also known as “moving medication”, for all the myriad health issues that it has been scientifically proven to help with. After the event, you are welcome to bring food to share with others and get to know folks. It runs from **10 am until noon**. If you have questions contact Chris Cleveland at chrisccleveland1951@gmail.com

Adult Classes Needed

Our Lifespan Faith Development (LFD) committee is looking for folks to **propose adult classes they would like to teach or take**. If you have knowledge or a skill you would like to share or would like to facilitate a UUA curriculum **please complete a Class Proposal Form** available in the church office or online. Give your completed copy to Chris Cleveland in person or email to chrisccleveland1951@gmail.com by **April 21st**. Be sure to check the UUCLC calendar at our website www.lakecountyyuu.net to check if the dates and times you desire will work. LFD will be determining 2019-2020 class offerings in late April 2019, so we can begin promoting classes to help interest new members in our church. But we will take class proposals at any time, even a few weeks before the class is to begin.

We would prefer that the classes offered here are somehow related to spirituality and/or any of the UU Seven Principles, so the class content will be more than just informational. UU curricula can also be found on the www.uua.org website, listed under Curricula & Faith Development or Tapestry of Faith. UUA provides entire curricula to download when you facilitate a class. UUCLC has already offered Building Your Own Theology; Hindsight, Humor and Hope; and Spirit in Practice. Think about what you can offer to your fellow congregants.



Get your summer beach books FREE from the church library cart parked outside the front entrance after the 11 a.m. service. There are plenty more that have been acquired at no cost to the library budget, just for you! Just take some and enjoy!



Florida Seminars will begin next February 2020. "Hurricanes" is the focus of the first meeting. Ahead of time, you might enjoy these books and some free movies on YouTube: FLORIDA'S HURRICANE HISTORY (non-fiction) HEMINGWAY'S HURRICANE (non-fiction), Novels: THEIR EYES WERE WATCHING GOD by Zora Neal Hurston, STORMY WEATHER by Carl Hiaasen, REAP THE WILD WIND BY Thelma Strabel. Free Movies: "Reap the Wild Wind", "Their Eyes Were Watching God", "Key Largo", and "Slattery's Hurricane"



Building & Grounds needs someone to assist Ana Briggs each Saturday with light housekeeping at UUCLC. Also, Ana is going to be visiting her native Brazil in the month of May, so she needs someone to substitute for her. Please see Ana to find out what is involved. Additionally, volunteers are needed to provide either periodic or, preferably, regular weekly yard work assistance to help keep our beautiful grounds from becoming overgrown again. Even if you can only do light cleanup, it would be greatly appreciated. Please see Christina Wilkins at 352-250-9124 clwfl@hotmail.com if you are willing to contribute a bit of your time.



Point of View - Intergenerational Justice and sustainability



For brevity, let me define Intergenerational Justice as applying only to those who are living. Some Native American's espouse looking 7 generations into the future, while we will only be talking about 4 generations into the future; the currently living.

So, four generations are responsible to each other's future well-being in Intergenerational Justice. Let's say that the Earth warms to the point that living where you are is no longer feasible. There's sound scientific data that supports the 'man made' Global Warming (Climate Change) event that we are experiencing. And, it is predicted, by these scientists, that this warming event will continue into the year 2100, which includes our 4 generations. Because the half-life of atmospheric Carbon is around 1000 years, this event will take a long time (or never) to come back to the wonderful diversity and livability of the present.

If Humans are the chief drivers of climate conditions on this planet (I don't believe in a God), are we, the living, responsible to our great great grandchildren? If not, then - never mind.

But, If so, then are we responsible for helping to make the world a better place to live in the future? And, if sustainability is defined by Wikipedia as:

"the process of maintaining change in a balanced environment, in which the exploitation of resources, the direction of investments, the orientation of technological development and institutional change are all in harmony and enhance both current and future potential to meet human needs and aspirations." (an aspiration itself), what is it that we could/should do, as individuals, to meet this 'sustainability' target?

The Buddha's notion of 'cause and effect' is in play here.

Thank you for listening,
Bob Cleveland



Join us for the UUCLC Second Time Around Variety Show this **Friday April 5 at 6:30**. There will be plenty of wine, non-wine, bread and cheese. Our entertainment will consist of music, comedy, recitations, storytelling and poetry. Something for everyone..

There is no charge but it is being put on by the fundraising committee and we hope you will be generous with your donations.

See you there.

NEW CLASS ON HERBAL TINCTURES OFFERED

Val Conde will be teaching a class, Herbal Tinctures and Teas, on April 10 from 1-3 pm in the kitchen at UUCLC. We will explore the properties of some healing herbs, make and drink tea and prepare tinctures. This is just one session. There is a sign-up sheet in the Narthex.

UUs comment about EPA proposal to allow an increase in mercury emissions

Pending is an EPA proposal to allow an increase in mercury emissions from coal and oil-fired power plants (which had declined 77%). Now, the EPA is proposing to allow more mercury into the air and water which can harm the brain, heart, kidneys, lungs and immune system, as well as pregnant women who eat tainted fish, which can impair her baby's IQ and motor functions. It is my understanding that mercury, from power plant emissions "rains down into reservoirs, rivers, lakes and the ocean." [from Daily Commercial April 1, 2019, editorial page].

The current rules were set by the first Bush administration in 1990. We, therefore, must send the EPA our comments in opposition to the amended rules by:

1. Go to www.regulations.gov and follow instructions for submitting comments regarding MATS change docket number EPA-HQ-OAR-2018-0794;

Email messages to a-and-r-Docket@epa.gov include docket number above; or

Mail to U.S. Environmental Protection Agency, EPA Docket Center (EPA/DC) Mail Code 28221T, Attention Docket ID No. EPA- HQ-OAR-2018-0794, 1200 Pennsylvania Avenue, NW, Washington, D.C. 20460.

Comments must be received no later than April 17, 2019.

Chalice Children/UU Youth

We are ready to celebrate with children/youth whatever the time of year!

